

## VITA

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Licensed Psychologist

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**License:** Psychologist, Wisconsin, since 1998, 2083-057

**Certification:** Behavioral Sleep Medicine  
American Board of Sleep Medicine, June 6, 2010

### Education:

- 1989-1996 University of Maine, Orono, Maine  
Doctor of Philosophy in clinical psychology; 5/96
- 1985-1987 University of Illinois, Urbana, Illinois  
Bachelor of Arts; 5/87  
Major: Psychology
- 1983-1985 College of Wooster, Wooster, Ohio  
Major: Psychology

### Recent Educational Experience:

- 2017 Caring for Patients with Complex Sleep Problems: Advanced Topics in Behavioral Sleep Medicine (12.75 hours). Sponsored by the Society of Behavioral Sleep Medicine, Minneapolis, Minnesota.
- 2016 SLEEP 2016 (20.75 hours). Sponsored by the Associated Professional Sleep Societies, Denver, Colorado.
- 2014 SLEEP 2014 (22 hours). Sponsored by the Associated Professional Sleep Societies, Minneapolis, Minnesota.
- 2013 AASM Sleep Medicine Exam Cram Course (8 hours). Sponsored by the American Academy of Sleep Medicine, Darien, Illinois.

- 2010-2012 Behavioral Sleep Medicine Webinar (3, 6-month sessions of weekly online meetings: began July, 2010). Sponsored by the University of Pennsylvania.
- 2012 Society of Behavioral Sleep Medicine Inaugural Meeting (6 hours). Sponsored by the Society of Behavioral Sleep Medicine, Boston, Massachusetts.
- 2012 Illinois Sleep Society Conference 2012 (6 hours). Sponsored by the Illinois Sleep Society, Oak Lawn, Illinois.
- 2011 SLEEP 2011 (18.25 hours). Sponsored by the Associated Professional Sleep Societies, Minneapolis, Minnesota.
- 2010 SLEEP 2010 (11 hours). Sponsored by the Associated Professional Sleep Societies, San Antonio, Texas.
- 2010 Motivational Interviewing (6 hours). Sponsored by PESI, LLC, Brookfield, Wisconsin.
- 2010 Behavioral Sleep Medicine (13 hours). Sponsored by the American Academy of Sleep Medicine, Oak Brook, Illinois.
- 2009 Behavioral Sleep Medicine: A Consensus Conference (12.75 hours). Sponsored by Johns Hopkins University School of Medicine, Ponte Vedra, Florida.
- 2009 Evaluation and Management of Insomnia Course (12 hours). Sponsored by the American Academy of Sleep Medicine, Oak Brook, Illinois.
- 2008 Behavioral Sleep Medicine and Insomnia Course (11 hours). Sponsored by the American Academy of Sleep Medicine, Chicago, Illinois.
- 2007 Mini-Fellowship in Behavioral Sleep Medicine (104 hours). Sponsored by the American Academy of Sleep Medicine. New York Presbyterian Hospital, Weill-Cornell, New York, New York.
- 2007 SLEEP 2007 (25 hours). Sponsored by the Associated Professional Sleep Societies, Minneapolis, Minnesota.
- 2006 SLEEP 2006 (29 hours). Sponsored by the Associated Professional Sleep Societies, Salt Lake City, Utah.

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| 2006 | Principles and Practice of Cognitive Behavioral Therapy for Insomnia (17 hours). Sponsored by University of Rochester School of Medicine and Dentistry, Rochester, New York. |
| 2006 | Behavioral Sleep Medicine Course (9 hours). Sponsored by the American Academy of Sleep Medicine, Chicago, Illinois.  |
| 2006 | Advanced Sleep Medicine Course (18 hours). Sponsored by the American Academy of Sleep Medicine, La Jolla, California.  |

**Clinical Experience:**

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| 2009-present | Owner, Restorative Sleep, L.L.C. (behavioral sleep medicine services), Milwaukee, Wisconsin |
| 2010-present | Psychologist, Comprehensive Clinical and Consulting Services, Milwaukee, Wisconsin          |
| 2013-2015    | Psychologist, ProHealth Care Sleep Center, Delafield, Wisconsin                             |
| 2001-2004    | Psychologist, Rogers Memorial Hospital Eating Disorders Center, Oconomowoc, Wisconsin       |
| 1996-2001    | Psychologist, Lutheran Social Services, Milwaukee, Wisconsin                                |
| 1994-1995    | Psychology Intern, Zablocki VA Medical Center, Milwaukee, Wisconsin                         |
| 1990-1994    | Psychology Associate, Psychological Services Center, University of Maine, Orono, Maine      |
| 1991-1992    | Psychology Trainee, Kennebec Valley Mental Health Center, Waterville, Maine                 |
| 1991-1992    | Psychology Trainee, Kennebec County Crisis Stabilization Program, Waterville, Maine         |

**Related Work Experience:**

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| 1988-1989 | Psychology Research Assistant, University of Illinois, Champaign, Illinois |
| 1987-1988 | Rehabilitation Technician, Opportunity House, Champaign, Illinois          |

1987 Summer Camp Counselor, Attention Deficit Disorder Program,  
Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania

### **Teaching Experience:**

2008-2009 Instructor, Abnormal Psychology, Alverno College, Milwaukee,  
Wisconsin

1994 Instructor, Abnormal Psychology, University of Maine,  
Orono, Maine

### **Volunteer Experience:**

1995-1996 Milwaukee Women's Center Birth to Three Program, Milwaukee,  
Wisconsin (nominated for the J.C. Penny Golden Rule Award)

1984-1985 Every Woman's House, Wooster, Ohio

### **Professional Affiliations:**

Society of Behavioral Sleep Medicine, Member  
American Academy of Sleep Medicine, Member  
Wisconsin Sleep Society, Member  
Wisconsin Psychological Association, Member  
American Psychological Association, Member

Member of the Board of Directors of the Wisconsin Psychological Association  
(2004-2013): Past-president (2012-2013), President (2010-2011), Vice-president  
(2008-2009), Public Education Committee Chairperson (2004-2008).

Recognized by the National Register of Health Service Psychologists, effective  
3/30/2001

### **Articles and Presentations:**

Loomis, C.C. (2017). Behavioral sleep medicine. In S. Walfish, J.E. Barnett, & J.  
Zimmerman (Eds.), *Handbook of private practice: Keys to success for  
mental health practitioners* (pp. 763-768). New York, New York: Oxford.

- Loomis, C.C. (2015, October). *Cognitive-behavioral treatment of insomnia*. Workshop presented at the meeting of the Wisconsin Sleep Society, Wisconsin Dells, Wisconsin.
- Loomis, C.C. (2013, September). *Bridging the gap between mind and body in sleep: An introduction to behavioral sleep medicine*. Workshop presented at the meeting of the Wisconsin Association of Medical Equipment Services, Wisconsin Dells, Wisconsin.
- Loomis, C.C. (2012, February). *Poor PAP adherence due to claustrophobia*. Workshop presented at the Regional Sleep Disorders Center and Respiratory Care Departments Conference, Green Bay, Wisconsin.
- Pirrallo, R. G., Loomis, C. C., Levine, R., & Woodson, B. T. (2012). The prevalence of sleep problems in emergency medical technicians. *Sleep and Breathing*, 16(1), 149-162.
- Loomis, C.C. (2011, April). *Sleep disorders 101: How to address your client's sleep problem*. Workshop presented at the meeting of the Employee Assistance Professionals Association, Milwaukee, Wisconsin.
- Loomis, C. C. (2008, September). *Addressing insomnia in your practice*. Workshop presented at the meeting of the Milwaukee Area Psychological Association, Wauwatosa, Wisconsin.
- Loomis, C. C. (2007, April). *Addressing insomnia in your practice*. Workshop presented at the meeting of the Wisconsin Psychological Association, Madison, Wisconsin.
- Loomis, C. C., Weaver, J., Cannon, N., & Bellg, A. (2006, April). *Speaking to a broader audience: Working effectively with the media to get your message out*. Workshop presented at the meeting of the Wisconsin Psychological Association, Madison, Wisconsin.
- Loomis, C.C., Bean, P., Timmel, P., Mammel, J., Maddocks, M, & Weltzin, T.E. (2004, April). *Examination of the characteristics and treatment outcome of a large sample of males in residential treatment*. Poster session presented at the meeting of the Academy for Eating Disorders, Orlando, Florida.
- Cannon, N. A., Loomis, C. C., Weltzin, T. E., Bean, P., Fink, M. M., & Riemann, B. C. (2004, April). *Use of the ban book to reduce eating disorder behavior among males in residential treatment*. Poster session presented at the meeting of the Academy for Eating Disorders, Orlando, Florida.

- Bean, P., Loomis, C. C., Timmel, P., Hallinan, P., Moore, S., Mammel, J., & Weltzin, T. (2004). Outcome variables for anorexic males and females one year after discharge from residential treatment. *Journal of Addictive Diseases*, 23(2), 83-94.
- Loomis, C. C., Weltzin, T. E., & Neis-Scargall, P. (2003, May). *Eating disorders and trauma: Using Dialectical Behavior Therapy to promote affect regulation*. Workshop presented at the meeting of the Academy for Eating Disorders, Denver, Colorado.
- Loomis, C. C., & Weltzin, T. E. (2002, August). *Dialectical behavior therapy for eating disorders*. Workshop presented at the International Association of Eating Disorders Professionals, Las Vegas, Nevada.
- Weltzin, T. E. & Loomis, C. C. (2002). Treatment approaches to body image issues in male eating disorder patients. *Renfrew Perspective*, fall, 16-17.
- Erdley, C. A., Cain, K. M., Loomis, C. C., Dumas-Hines, F., & Dweck, C. S. (1997). The relations among children's social goals, implicit personality theories, and responses to social failure. *Developmental Psychology*, 33(2), 263-272.
- Loomis, C. C., & Hecker, J. E. (1994, April). *A survey of Maine psychologists*. Paper presented at the meeting of the Maine Psychological Association, Bangor, Maine.
- Fisher, J. E., Fink, C., & Loomis, C. C. (1993). Frequency and management difficulty of behavioral problems among dementia patients in long-term care facilities. *Clinical Gerontologist*, 13(1), 3-12.
- Loomis, C. C., & Thorpe, G. L. (1992). Review of Cognitive Therapy with Couples. *Journal of Mind and Behavior*, 13(4), 413-415.
- Fisher, J. E., Fink, C., & Loomis, C. C. (1990, November). *Prevalence and severity of behavior problems among dementia patients in long-term care*. Poster session presented at the meeting of the Association for Advancement of Behavior Therapy, San Francisco, California.
- Loomis, C. C., Hines, F. A., Erdley, C. A., & Cain, K. M. (1989, April). *Goals and children's responses to social rejection: An experimental analysis*. Poster presented at the meeting of the Society for Research in Child Development, Kansas City, Missouri.